



AGE ANCHOR

COS (Child Outcomes Summary) Early Childhood Outcomes Process
Age Expected Developmental Milestones



Recommended Use: Teams mark or highlight skills the child typically performs in a variety of situations and settings. Use with Decision Tree tool to determine the numeric rating (1-7) for the COSF (Child Outcomes Summary Form) at entrance to early intervention, at annual review (or more often to measure progress) and at exit.

<p><u>Outcome 1:</u> Positive Social-Emotional Skills Children demonstrate age appropriate functioning by.....</p> <p>Birth - 6 Months</p> <ul style="list-style-type: none"> • Fixating on the human face and tracking or following movements presented at 9 to 12 inches from the face • Turning their head and eyes in the direction of the parent voice • Being comforted and appearing to enjoy touch and being held by a familiar adult • Anticipating being lifted or fed and moving body toward adult when being approached • Smiling spontaneously to human contact, smiling in play, and smiling at self in mirror • Initiating and terminating social interactions • Enjoying games with others such as “Where is your nose?” and “So Big!” • Vocalizing in response to babbling behavior, vocalizations and speech produced by an adult 	<p><u>Outcome 2:</u> Acquiring and Using Knowledge and Skills Children demonstrate age appropriate functioning by.....</p> <p>Birth - 6 Months</p> <ul style="list-style-type: none"> • Beginning to reach for objects • Observing hands and fingers • Looking to place on body where being touched • Clapping hands together and exploring fingers • Trying to cause things to happen such as kicking a mobile and smiling • Squeezing a rubber toy and shows pleasure • Dropping a ball and observing the fall • Developing more precise imitation skills of facial movements and speech sounds • Securing an object that is partially hidden with a cloth • Repeating arm movements to keep a toy activated, keep mom singing, or other causal event • Demonstrating exploratory behaviors with objects • Varying pitch and intonation 	<p><u>Outcome 3:</u> Taking Appropriate Action to Meet Needs Children demonstrate age appropriate functioning by.....</p> <p>Birth - 6 Months</p> <ul style="list-style-type: none"> • Producing different cries for different reasons • Beginning to reach for objects • Rolling over in one direction • Sitting independently with minimal assistance • Bringing hands together at midline • Rooting reflex; turns mouth toward hand rubbing cheek • Expressing displeasure when clothes are pulled over head • Enjoying bath; keeps eyes open and indicates pleasure when placed in warm water • Walking reflex; when held upright with feet resting on flat surface, lifts feet alternately in walking-like motion • Lifting and rotating head • Holding small objects or toys
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<p><u>Outcome 1:</u> Positive Social-Emotional Skills Children demonstrate age appropriate functioning by.....</p> <p>7 - 12 Months</p> <ul style="list-style-type: none"> • Imitating familiar words in turn-taking • Smiling and laughing during turn-taking • Participating in simple games (pat-a-cake, peek-a-boo) • Demonstrating anticipation of play activities • Showing sensitivity to the mood of others • Performing for social attention • Participating in speech routine games • Exhibiting anxious behavior around unfamiliar adults • Using gestures and vocalizing to protest • Shouting or vocalizing to gain attention • Responding to a request of “come here” • Stopping when name is called • Maintaining attention to speaker • Responding with gesture to “come up” or “want up” • Waving in response to “bye-bye” • Saying “mama” or “dada” meaningfully • Using a word to call a person • Pushing or pulling an adult’s hand to have a behavior instigated or repeated • Repeating a behavior (shows off) to maintain adult attention • Showing attachment to favorite toy or blanket • Expressing two or more emotions (pleasure, fear, sadness) • Briefly stopping behavior when told “no” 	<p><u>Outcome 2:</u> Acquiring and Using Knowledge and Skills Children demonstrate age appropriate functioning by.....</p> <p>7 - 12 Months</p> <ul style="list-style-type: none"> • Visually attending to an object for five seconds • Following an auditory stimulus • Reaching for and grasping blocks or other small toys • Transferring objects from one hand to another • Reaching for objects while in a prone position • Demonstrating a refined neat-pincer grasp with thumb opposition • Pointing with index finger • Imitating behaviors initiated by caregiver including: playing peek-a-boo; smiling and laughing during turn-taking; or attempting to name pictures and objects • Banging blocks and other small toys • Repeatedly throwing or dropping objects to watch the movement • Stirring with a spoon in a cup • Banging spoon on inverted cup or tabletop • Demonstrating emerging problem solving skills such as: placing objects in the mouth and mouthing; pushing or pulling adult’s hands to have a behavior instigated or repeated; turning a mirror or picture over to view the functional side; rotating three-dimensional objects to view the functional side; using a hammer or stick to play a xylophone • Singing along with a familiar song • Using gesture and/or vocalizing to protest • Shouting or vocalizing to gain attention • Responding to a request to “come here” • Maintaining attention to speaker 	<p><u>Outcome 3:</u> Taking Appropriate Action to Meet Needs Children demonstrate age appropriate functioning by.....</p> <p>7 - 12 Months</p> <ul style="list-style-type: none"> • Pulling self to standing posture next to furniture • Cruising around furniture • Drinking from a cup • Beginning to pick up cup and take a few swallows when thirsty • Beginning to feed self finger foods • Beginning to grab for spoon when being fed • Moving 3 or more feet by crawling • Bringing self to a sitting position when lying on back • Reaching for and grasping blocks or other small toys • Transferring objects from one hand to another • Reaching for objects while in a prone position • Demonstrating a refined neat-pincer grasp with thumb opposition • Pointing with index finger • Moving body to music • Pulling off own socks • Beginning to cooperate when being dressed • Fussing when diaper needs to be changed
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	<ul style="list-style-type: none"> • Waving in response to “bye- bye” • Responding with gesture to “come up” or “want up” • Saying “mama” or “dada” meaningfully • Imitating consonant and vowel combinations • Imitating non-speech sounds • Vocalizing with intent frequently • Using a word to call a person • Giving objects upon verbal request • Performing a routine activity upon verbal request • Looking at familiar objects and people when named • Understanding simple questions • Identifying two body parts on self • Demonstrating intense attention to adult language 	
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<p><u>Outcome 1:</u> Positive Social-Emotional Skills Children demonstrate age appropriate functioning by.....</p> <p>13 - 24 Months</p> <ul style="list-style-type: none"> • Following a 2 or 3 step direction • Engaging in pretend play • Demonstrating more complex exploration and play skills with toys and objects • Discriminating between familiar and unfamiliar people • Showing awareness of the feelings of others • Initiating familiar turn-taking routines • Requesting assistance from an adult • “Checking-in” with familiar adults while playing • Resisting change, transitions are difficult • Enjoying peer play and joint exploration • Beginning to see benefits of cooperation • Demonstrating a functional use of objects such as trying to use a toy car or drinking from a toy cup • Exploring the environment independently • Using vocalizations and words during pretend play • Playing alone for short periods • Having temper tantrums when frustrated • Sometimes doing the opposite of what is asked of them 	<p><u>Outcome 2:</u> Acquiring and Using Knowledge and Skills Children demonstrate age appropriate functioning by.....</p> <p>13 - 24 Months</p> <ul style="list-style-type: none"> • Beginning to explore the environment independently • Turning the pages in a book • Looking at, pointing to, and naming pictures in a book • Imitating scribbling motions and closer to 24 months making a horizontal and vertical stroke with crayon • Initiating familiar turn-taking routines • Following one-step commands during play • Pointing to two action words in pictures • Pointing to, showing, and giving an object • Handing a toy to an adult for assistance • Identifying six body parts • Completing two requests with an object • Choosing two familiar objects upon request • Identifying objects by category • Asking “What’s that?” • Demonstrating symbolic play, using one object as a signifier for another object • Attempting to repair broken toys • Choosing one object from a group of five upon verbal request • Stacking 5 or 6 blocks • Using two word utterances sometimes combined with gestures, to communicate • Using three-word phrases occasionally • Using consonants such as “t,” “d,” “n”, and “h” • Imitating words overheard in conversation • Naming 5 to 7 objects upon request • Spontaneously naming objects, persons, and actions 	<p><u>Outcome 3:</u> Taking Appropriate Action to Meet Needs Children demonstrate age appropriate functioning by.....</p> <p>13 - 24 Months</p> <ul style="list-style-type: none"> • Beginning to explore the environment independently • Gesturing to indicate toileting needs • Using two word utterances, combined with gestures, to communicate • Walking independently with good quality • Demonstrating more advanced movement and motor skills such as running and climbing • Following a 2 or 3 step direction • Picking up small items (food or toys) with the ends of the thumb and index finger in an overhand approach (neat pincer grasp) • Initiating familiar turn-taking routines • Requesting assistance from an adult • Saying “Me-do” when offered assistance by an adult • Trying to wash own hands and face • Demonstrating the functional use of objects
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	<ul style="list-style-type: none">• Using new words regularly (having a vocabulary of 100+ words by 24 months)• Following a 2 or 3 step direction• Following novel commands• Relating personal experience• Referring to self by name• Using early pronouns occasionally• Engaging in adult-like dialogue• Using sentence-like intonation patterns	
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<p>Outcome 1: Positive Social-Emotional Skills Children demonstrate age appropriate functioning by.....</p> <p>25 - 30 Months</p> <ul style="list-style-type: none"> • Having difficulty sharing with peers • Being apt to snatch, push, kick, rather than give and take in polite fashion • Throwing tantrums when frustrated • Showing facial expression and behavior indicating pity, shame and modesty • Being restless, rebellious and very active at times • Becoming resistant and dawdling at times • Obeying adult requests approximately half of the time • Wanting to do favorite activities over and over again • Continuing to try a difficult task for a brief period of time (building with blocks for 3 to 5 minutes) • Insisting on some choices • Seeking and accepting assistance when encountering difficulties • Inventing new uses for everyday materials with assistance (banging on pots and pans, using a box for a house) • Approaching tasks experimentally, adapting as the activity evolves • Displaying understanding of how objects work together (gets the dustpan when adult is sweeping the floor) • Substituting similar objects (uses boxes for blocks) • Realizing that behaviors can precede events (If mom takes things out of the refrigerator and turns on the stove, she is going to cook lunch) • Separating from parent in familiar surroundings without crying • Attempting to comfort others in distress 	<p>Outcome 2: Acquiring and Using Knowledge and Skills Children demonstrate age appropriate functioning by.....</p> <p>25 - 30 Months</p> <ul style="list-style-type: none"> • Liking to take things apart and put them together again (puzzles, toys) • Following caregiver around the house and copying domestic activities in simultaneous play • Identifying boy or girl in picture book • Adding sounds to action (“Vroom” for trucks, talks to teddy bears) • Making doll/toy act on self as though capable of performing actions independent of child (placing brush in doll’s hand, then moving the doll’s arms as if doll is combing hair) • Communicating about the actions of others • Answering simple “who,” “what,” “where,” questions about familiar people or things • Asking increasing numbers of questions (“where?” “who?”) • Understanding negatives (no, not, can’t, don’t) • Formulating negative judgments (“spoon, not fork”) • Naming at least one color correctly • Adding information to the prior utterance of a communicative partner • Understanding simple possessive forms (daddy’s shirt) • Understanding complex sentences (“When we get to the store, I’ll buy you an ice cream cone.”) • Pointing to smaller parts of the body when asked (chin, elbow) • Recognizing and identifying general family names, categories (grandma, uncle) • Understands 500 words, says 200 words 	<p>Outcome 3: Taking Appropriate Action to Meet Needs Children demonstrate age appropriate functioning by.....</p> <p>25 - 30 Months</p> <ul style="list-style-type: none"> • Holding spoon, scooping food and bringing to mouth with spilling • Playing on outdoor play structures (climbing, sliding) • Removing unfastened garments • Taking off own shoes, socks, and some pants • Putting on socks, coat, and shirt • Knowing which faucet is hot and cold • Trying to wash self • Unscrewing lid on small (1”) jar or bottle • Opening door by turning handle • Turning knob to open doors or turn on objects (radio, TV, stereo) • Sitting on riding toys and pushing with feet; may ride tricycle • Swinging leg to kick a stationary ball • Expressing likes and dislikes; may be a fussy eater • Helping clean up; putting things away • Imitating circular, vertical and horizontal strokes • Stacking 6 to 7 blocks when building • Walking up steps, alternating feet while holding rail or hand for support • Snipping paper with scissor • Using one hand consistently in most activities • Catching ball (by trapping against body) when playing with adult or peer
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	<ul style="list-style-type: none"> • Understanding word association through functional association (“What do you drink with?” “What do you sleep on?” “What do you brush your teeth with?”) • Recognizing the names and pictures of most common objects • Understanding common verbs and adjectives • Understanding size differences (little doll, large dog) • Following directions involving common prepositions (in, on, behind, out) • Enjoying finger plays (songs and games that use hands) • Reciting portions of rhymes/finger plays • Responding to action words by performing the action • Responding by looking when directed toward a certain object • Attempting to locate objects when they are discussed by others • Speaking in 2 or 3 word sentences; jargon and echolalia are almost gone • Often using personal pronouns (I, you, he, it, me) correctly • Using regular plurals (cats, dogs, balls) • Using morphemes (in, on) • Correctly producing phonemes (-s, d, -d, -k, f, -f, -ng, y) • Saying “No!” to adult request • Using concept “mine” to denote possessiveness • Repeating adult phrases • Recounting an event, with assistance • Beginning to recall parts of a previously heard story • Requesting to hear familiar stories • Changing intonation and tone to communicate meaning • Using non-verbal gestures and body language to express needs and feelings (hugs, hands on hips, etc) • Addressing listener appropriately to get attention (uses child’s or adult’s name to get attention) • Using sound effects for animals, vehicles, etc in play • Understanding “one”, “all” (“Give me one block.”) • Matching an object to a picture • Matching simple shapes such as circle, square and triangle 	
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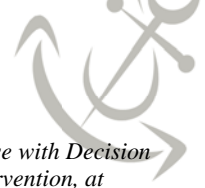
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<p>Outcome 1: Positive Social-Emotional Skills Children demonstrate age appropriate functioning by.....</p> <p>31 - 36 Months</p> <ul style="list-style-type: none"> Observing other children at play; may join in for a few minutes Playing well with two or three children in group; associative play predominates Showing interest in other children Having difficulty sharing Displaying affection for caregivers Separating easily from parent or caregiver in familiar environment Showing facial expressions and behaviors indicating pity, shame, modesty Sometimes being restless, rebellious, very active Becoming resistant, dawdles Throwing tantrums when thwarted or unable to express urgent needs Objecting to major changes in routines Imitating adults and playmates Using toys in appropriate ways Verbalizing play plan for assigned role (“I am mother” “You be baby” “I cook” “You watch TV”) Verbalizing play plan and using pretend props which are identified for benefit of adult (“This is our house (box)”) Following simple rules Taking turns in games Understanding concepts of “mine” and “his/hers” Playing interactive games Listening and participating in group activities with adult supervision Enjoying opportunities for pretend play and creating things Pretending and using imagination during play 	<p>Outcome 2: Acquiring and Using Knowledge and Skills Children demonstrate age appropriate functioning by.....</p> <p>31 - 36 Months</p> <ul style="list-style-type: none"> Understanding concepts of “mine” and “his/hers” Telling gender when asked Sometimes labeling and talking about own drawings when asked Giving first and last name when asked Understanding common verbs (run, jump, walk) Using several verb forms correctly in relating action in pictures Understanding and using common prepositions (under, in front of, behind) Understanding common adjectives of color, size, and shape Carrying out three simple commands given at one time Showing interest in explanations that involve “why” and “how” Relating experiences from recent past Using 4 to 6 word phrases or sentences Making negative statements (“Can’t open it,” “Don’t touch”) Beginning to use contractions (can’t, we’ll, won’t) Using noun phrase with an article (“The dog barks,” “The water hot”) Beginning to use auxiliary verbs (“I hafta sleep” “Me gonna get it”) Using the present progressive adding “ing” to verbs Using some plural forms correctly in speech Using the past tense Correctly producing phonemes (-t, -r, -b, w, -ir) Using simple possessives (“Doggies’ tail,” “Daddy’s shirt”) 	<p>Outcome 3: Taking Appropriate Action to Meet Needs Children demonstrate age appropriate functioning by.....</p> <p>31 - 36 Months</p> <ul style="list-style-type: none"> Using a fork to spear bite sized chunks of food Hopping in place on one foot three times without losing balance Standing on one foot for three seconds Jumping over a string or other object that is two inches high Showing daytime control of toileting needs with occasional accidents Verbalizing toilet needs fairly consistently Following basic health practices when reminded (washing and drying hands, brushing teeth) Screwing lid on jar Unbuttoning buttons Separating easily from mother in familiar environment Following simple rules Getting a drink from a fountain Cutting paper from one side to opposite side Discriminating shapes by tactile discrimination Walking upstairs alternating feet Walking downstairs four steps without support, placing both feet on each step Enjoying projects that involve paint, scissors and glue
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<ul style="list-style-type: none"> • Altering behavior based on a past event and builds on it (“This didn’t work, so I will try this.”) • Relating an experience today to one that happened in the past (brushing teeth before bed, washing hands before eating a meal) • Saying “please” and “thank you” when reminded • Stating whether they are a boy or a girl 	<ul style="list-style-type: none"> • Using verb forms correctly (“He walks,” “She walked,” “I walked”) • Using contractible auxiliary (“Mommy’s eating an apple.”) • Dictating a story for adult to write out • Performing multi-step tasks (takes money, rings cash register, puts money in drawer when playing) • Beginning to use inductive reasoning (if you do this, that happens) • Expressing understanding of cause and effect (it’s quiet because you turned off the music) • Copying a circle • Drawing face from a model • Matching three colors • Matching objects by color, shape and size 	
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