



# AGE ANCHOR

COS (Child Outcomes Summary) Early Childhood Outcomes Process  
Age Expected Developmental Milestones



<p><b>Outcome 1:</b> <b>Positive Social-Emotional Skills</b> Children demonstrate age appropriate functioning by.....</p> <p><b>7 - 12 Months</b></p> <ul style="list-style-type: none"> <li>• Imitating familiar words in turn-taking</li> <li>• Smiling and laughing during turn-taking</li> <li>• Participating in simple games (pat-a-cake, peek-a-boo)</li> <li>• Demonstrating anticipation of play activities</li> <li>• Showing sensitivity to the mood of others</li> <li>• Performing for social attention</li> <li>• Participating in speech routine games</li> <li>• Exhibiting anxious behavior around unfamiliar adults</li> <li>• Using gestures and vocalizing to protest</li> <li>• Shouting or vocalizing to gain attention</li> <li>• Responding to a request of “come here”</li> <li>• Stopping when name is called</li> <li>• Maintaining attention to speaker</li> <li>• Responding with gesture to “come up” or “want up”</li> <li>• Waving in response to “bye-bye”</li> <li>• Saying “mama” or “dada” meaningfully</li> <li>• Using a word to call a person</li> <li>• Pushing or pulling an adult’s hand to have a behavior instigated or repeated</li> <li>• Repeating a behavior (shows off) to maintain adult attention</li> <li>• Showing attachment to favorite toy or blanket</li> <li>• Expressing two or more emotions (pleasure, fear, sadness)</li> <li>• Briefly stopping behavior when told “no”</li> </ul>	<p><b>Outcome 2:</b> <b>Acquiring and Using Knowledge and Skills</b> Children demonstrate age appropriate functioning by.....</p> <p><b>7 - 12 Months</b></p> <ul style="list-style-type: none"> <li>• Visually attending to an object for five seconds</li> <li>• Following an auditory stimulus</li> <li>• Reaching for and grasping blocks or other small toys</li> <li>• Transferring objects from one hand to another</li> <li>• Reaching for objects while in a prone position</li> <li>• Demonstrating a refined neat-pincer grasp with thumb opposition</li> <li>• Pointing with index finger</li> <li>• Imitating behaviors initiated by caregiver including: playing peek-a-boo; smiling and laughing during turn-taking; or attempting to name pictures and objects</li> <li>• Banging blocks and other small toys</li> <li>• Repeatedly throwing or dropping objects to watch the movement</li> <li>• Stirring with a spoon in a cup</li> <li>• Banging spoon on inverted cup or tabletop</li> <li>• Demonstrating emerging problem solving skills such as: placing objects in the mouth and mouthing; pushing or pulling adult’s hands to have a behavior instigated or repeated; turning a mirror or picture over to view the functional side; rotating three-dimensional objects to view the functional side; using a hammer or stick to play a xylophone</li> <li>• Singing along with a familiar song</li> <li>• Using gesture and/or vocalizing to protest</li> <li>• Shouting or vocalizing to gain attention</li> <li>• Maintaining attention to speaker</li> </ul>	<p><b>Outcome 3:</b> <b>Taking Appropriate Action to Meet Needs</b> Children demonstrate age appropriate functioning by.....</p> <p><b>7 - 12 Months</b></p> <ul style="list-style-type: none"> <li>• Pulling self to standing posture next to furniture</li> <li>• Cruising around furniture</li> <li>• Drinking from a cup</li> <li>• Beginning to pick up cup and take a few swallows when thirsty</li> <li>• Beginning to feed self finger foods</li> <li>• Beginning to grab for spoon when being fed</li> <li>• Moving 3 or more feet by crawling</li> <li>• Bringing self to a sitting position when lying on back</li> <li>• Reaching for and grasping blocks or other small toys</li> <li>• Transferring objects from one hand to another</li> <li>• Reaching for objects while in a prone position</li> <li>• Demonstrating a refined neat-pincer grasp with thumb opposition</li> <li>• Pointing with index finger</li> <li>• Moving body to music</li> <li>• Pulling off own socks</li> <li>• Beginning to cooperate when being dressed</li> <li>• Fussing when diaper needs to be changed</li> </ul>
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	<ul style="list-style-type: none"><li>• Waving in response to “bye- bye”</li><li>• Responding to a request to “come here”</li><li>• Responding with gesture to “come up” or “want up”</li><li>• Saying “mama” or “dada” meaningfully</li><li>• Imitating consonant and vowel combinations</li><li>• Imitating non-speech sounds</li><li>• Vocalizing with intent frequently</li><li>• Using a word to call a person</li><li>• Giving objects upon verbal request</li><li>• Performing a routine activity upon verbal request</li><li>• Looking at familiar objects and people when named</li><li>• Understanding simple questions</li><li>• Identifying two body parts on self</li><li>• Demonstrating intense attention to adult language</li></ul>	
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