

Section 6

References and Resources

References

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<http://www.mchlibrary.info/pubs/default.html#childcare> (Scroll down to “Child Care” and PDF files for each chapter are below.)
- Questions and Answers on Alternate Protein Products*. U.S. Department of Agriculture, May 10, 2001. http://www.fns.usda.gov/cnd/menu/APP_QAs-Industry.pdf
- The Use and Misuse of Fruit Juice in Pediatrics (American Academy of Pediatrics Policy Statement)*. Pediatrics, Vol. 107, no. 5, May 2001.
<http://aappolicy.aappublications.org/cgi/reprint/pediatrics;107/5/1210.pdf>

USDA National Nutrient Database for Standard Reference, Release 21.

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What's in a Meal? U.S. Department of Agriculture, Food and Nutrition Service, Midwest Region, 2003.

Resources

Child and Adult Care Food Program (CACFP)

Click on the CSDE's [Nutrition-Related Resources](#), then *Resources for Child Nutrition Programs* then *Child and Adult Care Food Program*.

Dietary Guidelines

Click on the CSDE's [Nutrition-Related Resources](#), then *General Nutrition and Health* then *Dietary Guidelines*.

Food Distribution Program (Commodity Foods)

Click on the CSDE's [Nutrition-Related Resources](#) then *Resources for Child Nutrition Programs* then *Food Distribution Program (Commodity Foods)*.

Food Labels

Click on the CSDE's [Nutrition-Related Resources](#) then *General Nutrition and Health* then click on *Food Labels*.

Fruits and Vegetables

Click on the CSDE's [Nutrition-Related Resources](#), then *General Nutrition and Health* then *Fruits and Vegetables*.

Menu Planning and Recipes

Click on the CSDE's [Nutrition-Related Resources](#), then *Menus, Recipes and Nutrient Information* then *Menu Planning and Recipes*.

Nutrient Analysis

Click on the CSDE's [Nutrition-Related Resources](#), then *Menus, Recipes and Nutrient Information* then *Nutrient Analysis*.

Nutrition for Young Children

Click on the CSDE's [Nutrition-Related Resources](#), then *Nutrition for Young*.

Web Sites

CACFP Meal Patterns (U.S. Department of Agriculture):

http://www.fns.usda.gov/cnd/care/ProgramBasics/Meals/Meal_Patterns.htm

CACFP Operational Memos (Connecticut State Department of Education):

<http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=321576>

CACFP Regulations (U.S. Department of Agriculture):

<http://www.fns.usda.gov/cnd/Care/Regs-Policy/Regulations.htm>

Child and Adult Care Food Program (U.S. Department of Agriculture):

<http://www.fns.usda.gov/cnd/care/>

Nutrition Policies and Guidance for the Child and Adult Care Food Program (Connecticut State Department of Education):

<http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322326>

USDA Policy Memoranda for the CACFP (U.S. Department of Agriculture):

<http://www.fns.usda.gov/cnd/Care/Regs-Policy/PolicyMemoranda.htm>

Additional resources on child nutrition and the CACFP can be found in the CSDE's *Nutrition-Related Resources* at http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/nutrition_resources.pdf. This list is updated regularly.

Section 7**Forms and Handouts**

Noncreditable Foods in the Child and Adult Care Food Program: *Child Care Centers, Day Care Homes, Emergency Shelters and At-Risk Afterschool Care Centers*

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/nutrition/CACFP/Crediting_Foods/Noncreditable_Foods.pdf

Child Nutrition (CN) Labeling

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/nutrition/CACFP/Crediting_Foods/CN_Labeling.pdf

Serving Sizes for Grains/Breads in the Child and Adult Care Food Program: *Child Care Centers, Day Care Homes, Emergency Shelters and At-Risk Afterschool Care Centers*

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/nutrition/CACFP/Crediting_Foods/ServingsGB_CACFP.pdf

Worksheet for Crediting Purchased Grains/Breads in the Child and Adult Care Food Program: *Child Care Centers, Day Care Homes, Emergency Shelters and At-Risk Afterschool Care Centers*

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/nutrition/CACFP/Crediting_Foods/Worksheet_PurchasedGB_CACFP.pdf

Worksheet for Crediting Cereals in the Child and Adult Care Food Program: *Child Care Centers, Day Care Homes, Emergency Shelters and At-Risk Afterschool Care Centers*

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/nutrition/CACFP/Crediting_Foods/Worksheet_Cereals_CACFP.pdf

Determining the Grains/Breads Servings in a Recipe for the Child and Adult Care Food Program — *Version 1 Family-Size Recipes*

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/nutrition/CACFP/Crediting_Foods/RecipesFamily_CACFP.pdf

Determining the Grains/Breads Servings in a Recipe for the Child and Adult Care Food Program — *Version 2 Quantity Recipes*

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/nutrition/CACFP/Crediting_Foods/RecipesQuantity_CACFP.pdf

All forms and handouts for this section can be accessed on the CSDE Web site for *Nutrition Policies and Guidance for the Child and Adult Care Food Program* at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322326> under “2 Crediting Foods in the CACFP.”