

Are you looking for fun ways to promote nutrition and physical activity at your elementary or middle school? If so, download the [Team Nutrition Popular Events Idea Booklet](#).

This free events booklet has:

- Ideas for 20 themed events, large and small
- Spotlights of real-life events at Team Nutrition schools
- Handouts, templates, and other free resources to support events
- Ways to team up for success
- Connections for school, home, cafeteria, classroom, community, and the media

This summer, free printed copies of the booklet will be available to schools that participate in the National School Lunch Program.