

School Nutrition Environment and Wellness Resources

Looking for resources to help you implement your local school wellness policy and create a healthier school environment?

The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) requires all school districts to establish and implement local school wellness policies that meet minimum standards designed to promote sound nutrition, student health, reduce childhood obesity, and provide transparency to the public on the school nutrition environment.

Team Nutrition just launched a new Web site that consolidates school wellness resources in a way that will make them easier for you to find. Check out the new [School Nutrition Environment and Wellness Resources Web site](#) for information and resources on:

- **Local School Wellness Policy Process** steps to put the policy into action
- **Required Wellness Policy Elements** to meet the federal requirements
- **Healthy School Nutrition Environment** improvements related to food and physical activity
- **Samples, Stories, and Guidance** ideas for your school
- **Research Reports** on school wellness
- **Grants/Funding Opportunities** related to child nutrition and physical activity

There are now more voices of support for school wellness policies! See which national organizations have joined us in issuing a [joint statement](#) to recognize the important role schools play in promoting health and wellness.