

What is HCCAR?

HCCAR is a collaboration between Arkansas Department of Human Services, UAMS Department of Pediatrics and UAMS KIDS FIRST to provide a health resource service for early care providers.

HCCAR aims to:

1. Provide education and training on best practice standards recognized by experts in medicine and behavioral health. Training will be available through live workshops and web-based trainings.

2. Provide consultations free of charge to Resource and Referral Agencies as well as individual child care settings on issues related to children's health by a full-time Child Care Health Consultant.

3. Provide relevant and current health-related information accessible through a website dedicated to the mission of HCCAR of training, education, and resources for early child care providers.

Who is HCCAR?

HCCAR is led by a management team of UAMS pediatric specialists, including a developmental pediatrician, a general pediatrician, a pediatric advanced practice nurse, a pediatric psychologist and a pediatric administrator. HCCAR is staffed by a full-time nurse who is a Child Care Health Consultant.

Where is HCCAR located?

HCCAR is housed within the UAMS KIDS FIRST Main Office located on 333 Executive Drive, Little Rock AR.

Who is funding HCCAR?

HCCAR is funded through a grant from the Arkansas Department of Human Services. This grant is specific for Child Care Professional Development/Technical Assistance/Training.

HCCAR Collaborators:

AR DHS Division of Child Care and Early Childhood Education

Child Care Aware Arkansas Offices:

Northeast:

ASU Childhood Services

Central and Southwest:

Child Care Connections

North Central:

White River Planning & Development District

Northwest:

The Jones Center

Southeast:

JCCSI Child Care Links

West Central

National Park Community College

Healthy Child Care Arkansas HCCAR

Quality Health Support and Collaboration for Early Child Care Providers in Arkansas



Office Location:

333 Executive Court, Little Rock

Mailing Address:

UAMS KIDS FIRST Program Operations
Center, Slot 512-39
1 Children's Way, Little Rock AR 72202

Consultation Line: 501 526-8737

www.healthychildcareAR.org





Web-Based Training

Spotting Autism in the Early Child Care Setting (SPAECs)

SPAECs was developed specifically to provide child care providers with quality information about autism spectrum disorders and how they present in young children. HCCAR will develop a web-based version of SPAECs. Any child care provider interested in learning more about autism and recommended activities to improve socialization skills in young children can access the web based modules on the HCCAR website. TAPP credit will be provided.

Content of SPAECs :

- Education about **core features of autism** as well as medical and behavioral-related conditions
- Training in **how to successfully talk to parents about referral for an evaluation** for suspected delays and information about state resources for intervention services
- Demonstration and information of **interventions and classroom materials** that can boost social, communication and play skills in the child care setting. These will be techniques that can be used with typically-developing children also.

Healthy Child Care Arkansas Programs and Activities

Live Workshops

HCCAR will collaborate with Child Care Aware Resource and Referral Agencies in Arkansas to conduct training sessions on the American Academy of Pediatrics (AAP) Healthy Futures curricula. These curricula aim to provide best practice recommendations on health practices for early child care settings. This information can be helpful in making early child care settings be more compliant with state minimum licensing standards.

Managing Infections Disease (MID) Curriculum This 4-hour workshop focuses on **how to recognize, prevent and manage infectious disease in child care settings.**

Medical Administration Curriculum (MAC) This 4-hour workshop teaches **principles and best practice recommendations on the proper and safe handling, storage and documentation around medication administration.**

Spotting Autism in the Early Child Care Setting Curriculum (SPAECs)

This 6-hour workshop presents basic information on **Autism Spectrum Disorders**, suggestions on how to partner with families and classroom strategies to improve social communication. HCCAR will conduct one live SPAECs training.

These workshops are free of charge to any interested child care provider. TAPP credit is given for attendance.

Please contact your local R&R for workshop schedules or visit the HCCAR website.

Consultation from a Child Care Health Consultant (CCHC)

HCCAR will provide **health information by telephone consultation** with a CCHC trained nurse. Individual child care providers may call this phone number 8 am – 4 pm, Monday – Friday to get quality information regarding health-related issues in their child care center. These topics include:

- Immunizations, recognition of suspected child maltreatment, injury prevention, and others
- Health and safety standards and regulations providing technical health-related advice and resources
- Help with planning and implementing a safe and healthy environment for children and child care staff.

Our Website

www.healthychildcareAR.org

- provides you with updated news and information about training
- is a place to ask questions
- is a good source for information about child health issues.

