

Week of _____

Meal Pattern	Menu	Size of Serving	No. to be Served	Food Items Used	Amounts Used	Number Served
Snack* 1. Fluid Milk 2. Meat or Alternate 3. Vegetable and/or Fruit or Full-Strength Juice 4. Bread or Alternate				1. _____ 2. _____	_____ _____	1 - 2 _____ 3 - 5 _____ 6 - 12 _____ 13 - 18 _____ Staff _____
Snack* 1. Fluid Milk 2. Meat or Alternate 3. Vegetable and/or Fruit or Full-Strength Juice 4. Bread or Alternate				1. _____ 2. _____	_____ _____	1 - 2 _____ 3 - 5 _____ 6 - 12 _____ 13 - 18 _____ Staff _____
Snack* 1. Fluid Milk 2. Meat or Alternate 3. Vegetable and/or Fruit or Full-Strength Juice 4. Bread or Alternate				1. _____ 2. _____	_____ _____	1 - 2 _____ 3 - 5 _____ 6 - 12 _____ 13-18 _____ Staff _____
Snack* 1. Fluid Milk 2. Meat or Alternate 3. Vegetable and/or Fruit or Full-Strength Juice 4. Bread or Alternate				1. _____ 2. _____	_____ _____	1 - 2 _____ 3 - 5 _____ 6 - 12 _____ Adults _____ Staff _____
Snack* 1. Fluid Milk 2. Meat or Alternate 3. Vegetable and/or Fruit or Full-Strength Juice 4. Bread or Alternate				1. _____ 2. _____	_____ _____	1 - 2 _____ 3 - 5 _____ 6 - 12 _____ 13-18 _____ Staff _____

*Snack (Supplement) - Select 2 of the 4 components. Juice **may not** be served when milk is served as the only other component.