June 2019

National Dairy Month!

This June, celebrate National Dairy Month with your favorite dairy treat!

In celebration Midwest Dairy Council has developed a comprehensive online toolkit to help promote June Dairy Month. In the toolkit you will find nutrition fact sheets, farmer features/videos, recipes and much more. As you join us in celebrating dairy’s nutrition, affordability and sustainable impact take the Dairy 3 for Me pledge and encourage others to get the recommended three servings of dairy every day.

**Garden Vegetable Ranch Wraps**

Yield: 25 Portions  
Portion size: 2.5 oz (1 wrap)

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Measure</th>
<th>Directions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ranch dressing</td>
<td>3 cups</td>
<td>Combine ranch dressing, lettuce, bell peppers, onions, carrots, cucumbers, and cheese (optional) in a large bowl. Stir well.</td>
</tr>
<tr>
<td>Romaine, chopped</td>
<td>1 qt 3 cups</td>
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</tr>
<tr>
<td>Green bell peppers, chopped</td>
<td>2 1/3 cups 2 Tbsp</td>
<td></td>
</tr>
<tr>
<td>Onions, chopped</td>
<td>¼ cup 3 Tbsp</td>
<td></td>
</tr>
<tr>
<td>Carrots, sliced</td>
<td>2 1/3 cup 2 Tbsp</td>
<td></td>
</tr>
<tr>
<td>Cucumbers, diced</td>
<td>3 ¼ cup 1 Tbsp</td>
<td></td>
</tr>
<tr>
<td>Low-fat cheddar cheese, shredded (optional)</td>
<td>3 ¼ cups</td>
<td></td>
</tr>
<tr>
<td>Whole grain tortillas, 8”</td>
<td>25</td>
<td></td>
</tr>
</tbody>
</table>

**CACFP Crediting Information:** 1 wrap provides 1/2 cup vegetable and 1 serving grains/bread.  
Credit: USDA Website

**Enjoy on a Hot Summer Day**

Who likes to cook in the Summer? Make mealtimes easy and beat the heat with these Garden Ranch Wraps. For a more delicious wrap, use fresh veggies from your garden or local farmer!

**Upcoming Events**

**June 11th**  
Course: CACFP At-Risk Training  
5401 S. University Ave Little Rock, AR 72209 9a-4p

**June 18th**  
Webinar: 2-3 PM EST Kick off the Summer with Farm to Head Start and Early Care and Education! To Register: [https://cc.readytalk.com/registration/#/?meeting=e32pyec3uod&campaign=vauwik4pgm6](https://cc.readytalk.com/registration/#/?meeting=e32pyec3uod&campaign=vauwik4pgm6)

**June 20th**  
Course: CACFP ADULT ONLY Training  
5401 S. University Ave Little Rock, AR 72209 1p-4p

**June 21st**  
Webinar: Adding Whole Grains to Your CACFP Menu. To View Pre-recorded Webinar Link: [English](#)  
[Spanish](#)

**June 26th**  
Course: CACFP New Participant Training  
5401 S. University Ave. Little Rock, AR 72209 9a-4p

**Important Info / Updates**  
**USDA COMMENT REQUEST- SFSP**

FNS invites you to comment on the proposed information collection for the Summer Food Service Program (SFSP), known as the “SFSP ICR.”

**Comment Period End Date- June 18th, 2019**
Technical Assistant Tip of the Month

“Communication and collaboration is one of the keys to success. Reach out to community leaders and organizations.”

-Perry Hunter

Get your Free CACFP Feeding Infants Guide! CLICK Here!

Getting to Know your Staff

Stephinese Davis

Hometown: Pine bluff, AR

Position: Fraud investigator coordinator

Favorite school lunch memory: Being a clown in the cafeteria and meeting her first love and husband of 32 years

Favorite food: Pizza

Hobbies: Playing sports (basketball) and shooting pool

Advice you to live by: “Do unto others as you would have them do unto you.”

Important Info / Updates

USDA COMMENT REQUEST- CACFP National Disqualified List

This notice invites the general public and public agencies to comment on a proposed information collection.

Comment Period End Date – July 2 2019

USDA REQUEST FOR INFORMATION-

This is a request for information to gather detailed comments from stakeholders about the serious deficiency process in the Child and Adult Care Food Program (CACFP)

Comment Period End Date- August 15 2019